

# THE REVIEW

UNIVERSITY OF NORTH DAKOTA  
SCHOOL OF MEDICINE & HEALTH SCIENCES



*member of the M.D. Class of 2002, Dana Carlson celebrates with her parents, Carol and Donald Carlson of Fargo, after the commencement ceremony May 4 at the UND Chester Fritz Auditorium in Grand Forks. In June, Carlson will begin pediatrics residency training at Rush-Presbyterian-St. Luke's Medical Center in Chicago.*

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## IN REVIEW



### *Double Congrats Due This Grad*

*Darci Hertel, daughter of Melbourne and Kathleen Hertel of Grand Forks, graduated medical school and married Chris Wall, M.D. '00, son of Shirley and Wendell Wall, M.D. (OBGYN Residency Program '82) of Wahpeton, on May 4 in Grand Forks. She will begin training in radiology at the Mayo Graduate School of Medicine in Rochester, MN, this summer, joining her husband who is a psychiatry resident there.*

**THE REVIEW, SCHOOL OF MEDICINE AND HEALTH SCIENCES, University of North Dakota, CHARLES E. KUPCHELLA, President, University of North Dakota; H. David Wilson, Dean, School of Medicine and Health Sciences. The Review (ISSN 0888-1456; USPS 077-680) is published six times a year during January, March, May, July, September, and November by the University of North Dakota School of Medicine and Health Sciences, P.O. Box 9037, Grand Forks, ND 58202-9037. Periodical postage paid at Grand Forks ND. POSTMASTER: Send address changes to THE REVIEW, Office of Public Affairs, UND School of Medicine and Health Sciences, P.O. Box 9037, Grand Forks, ND 58202-9037. Pamela D. Knudson, Director of Public Affairs, School of Medicine and Health Sciences. Computer graphics and photographic assistance from G. Streier, V. Swift and W. Weber, with Medical Media at the UND School of Medicine and Health Sciences. Printed at Fine Print Inc. Grand Forks, ND. All articles published in THE REVIEW, excluding photographs and copy concerning patients, can be reproduced without prior permission from the editor. UND is an equal opportunity institution.**

### **BRIN Newsletter Debuts, Features Research in ND**

The inaugural issue of the newsletter for the Biomedical Research Infrastructure Network (BRIN), *Update*, has been printed and distributed.

BRIN is a statewide program to build biomedical research capacity in North Dakota by serving public universities and tribal colleges. It has been funded by a three-year, \$6 million grant received last fall from the National Institutes of Health (NIH).

The program's primary goals are to improve the state's infrastructure for biomedical research and encourage more students to enter the field of biomedical science.

The North Dakota BRIN director is **John Shabb, Ph.D.**, associate professor of biochemistry and molecular biology at the UND School of Medicine and Health Sciences, Grand Forks.

NIH's annual \$23 billion budget for research is expanding. North Dakota is one of 23 states and Puerto Rico that, combined, receive only five percent of the budget.

For more information, or to receive the BRIN newsletter, please contact **Patrick Miller**, at 701/777-6377 or pmiller@medicine.nodak.edu. Plans are for *BRIN Update* to be printed six times annually. (See <http://medicine.nodak.edu/brin>)



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Visit our website:  
<http://www.med.und.nodak.edu>

## DEAN'S LETTER

### M.D. Class of 2002 Represents 'First Fruits' of Patient-centered Curriculum

It is with great pride, and appreciation, that we congratulate members of the M.D. Class of 2002. They are the first students to be educated fully through the renewed curriculum we initiated in 1998.

This "patient-centered" curriculum has proven to be a most effective and efficient means of preparing students to become knowledgeable, skilled, compassionate doctors with strong interpersonal communication capabilities. Early results on national board examinations reveal that our students are receiving comparable or better scores than those educated under a more traditional approach.

Many years of work and study have gone into this transformation, and I am pleased to say we now have one of the best - if not THE best - medical curricula in the country. Our graduates will go on to demonstrate their talents in the residency programs they will join this summer. We

wish them all the best. We know they will make us proud!

#### Remembering important friends of the UND School of Medicine and Health Sciences

We are saddened to note the deaths, in recent months, of important leaders, friends and alumni of the UND School of Medicine and Health Sciences whose generous support contributed to the success of this school. They include:

\* **Mrs. Walter (Norma) Lorshbaugh** of St. Paul, MN, daughter of Dr. Harry Benwell, M.D., long-time Grand Forks physician and civic leader; in the early 1990s Mr. and Mrs. Lorshbaugh's gift to the school's Campaign for Excellence provided for the Harry D. Benwell History of Medicine Reading Room in the Harley E. French Library of the Health Sciences;

\* **Mrs. Louis (Thelma) Silverman** of

Chicago, who, with her husband, **Dr. Silverman (B.S. Med. '35)**, long-time Grand Forks pediatrician and allergy medicine specialist, established an endowment to provide scholarships to deserving medical students;

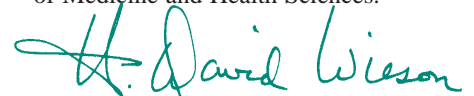
\* **Verrill Fischer, M.D. (B.S. Med. '35)**, Fargo, who with his wife, Ruth, gave significantly to the communities where they lived, especially Minot; they made many contributions to the UND medical school including, a few years ago, the gift to establish the first major professorship for the school, in the Department of Family Medicine; the library in the school's Minot campus office is named for Dr. Fischer, and

\* **Ralph Dunnigan, M.D. (B.S. Med. '53)**, Bismarck, who passed away in March; his commitment to teaching medical students and residents in family medicine is legendary; his efforts to initiate and develop the family medicine residency program in Bismarck have had an enormous impact on the health care system in the Upper Midwest, and

\* **James Barger, M.D. (B.S. Med. '39)**, Las Vegas, NV, who made numerous gifts to the UND medical school including donation of a valuable collection of books concerning pathology, a field in which he attained international recognition.

These people contributed greatly to the advancement of the medical school, through financial gifts and through lives devoted to medical education. They led exemplary lives of service and showed unusual dedication to improving the quality of life for people of this region.

We recognize, and will remember with deep appreciation, their extraordinary generosity and loyalty to the UND School of Medicine and Health Sciences.



H. David Wilson, M.D.

Dean

Vice President for Health Affairs



Madeline Free, M.D., (left) clinical assistant professor of neuroscience, Bismarck, accepts the Dean's Special Recognition Award for Volunteer Faculty from Dean H. David Wilson, M.D., during the commencement ceremony for the M.D. Class of 2002. The UND medical school is indebted to North Dakota practicing physicians who help educate our students.



*Members of the Class of 2002 pledge the Oath of Hippocrates during the commencement ceremony.*

## U.N.D. School of Medicine and Health Sciences Confers M.D. Degrees

The University of North Dakota (UND) School of Medicine and Health Sciences conferred the doctor of medicine (M.D.) degree during commencement ceremonies May 4 at the Chester Fritz Auditorium on the UND campus in Grand Forks.

Fifty-three degree candidates, members of the school's 27<sup>th</sup> M.D. class, participated in the ceremony.

**Fredrick ("Rick") Montz, M.D. (B.S. Med. '78)**, of Baltimore, delivered the keynote address, titled "For Those We Serve." He is director of the Kelly Gynecologic Oncology Service at The Johns Hopkins Hospital and Medical Institutions and professor of gynecology and obstetrics at Johns Hopkins University School of Medicine.

The son of Dr. Charles and Florence Montz of Bismarck earned an undergraduate degree from Concordia College in Moorhead and the M.D. degree from Baylor College of Medicine in Houston. He has served on the medical faculties of the University of Southern California and

the University of California-Los Angeles.

An honorary doctor of letters degree was awarded to **Calvin Fercho, M.D. (B.S. Med. '50)**, of Fargo, in recognition of his outstanding contributions to the field of ophthalmology during his remarkable 36-year career. A former faculty member of the UND medical school, he is known for introducing a major advance in cataract surgery, the continuous circular capsulotomy.

In the early 1990s, Fercho served as Fargo-Moorhead chairman for the Campaign for Excellence, a national effort conducted by the UND Foundation which raised more than \$10.8 million for construction of the Wold Center and to enhance the medical school's endowment.

The first H. David Wilson, M.D., Academic Award in Neuroscience was presented to **Drs. Sharon and Richard Wilsnack**, professors of neuroscience, Grand Forks. The award was created and endowed by **Manuchair Ebadi, Ph.D.**, associate vice president for health affairs at

UND and associate dean for research and program development at the UND medical school, through the UND Foundation to honor Dean Wilson "for his efforts to bring excellence in education, research and service to North Dakota and beyond."

Nine physician-faculty members from throughout the state were presented with the Dean's Special Recognition Award for Outstanding Volunteer Faculty during the commencement ceremony. They are:

**Bipin Amin, M.D.**, internal medicine, Bismarck; **William Zaks, M.D.**, internal medicine, Grand Forks; **Rodrigo Rios, M.D.**, pediatrics, Fargo; **Madeline Free, M.D.**, neuroscience, Bismarck; **Roger Allen, M.D.**, pediatrics, Minot; **Kurt Lindquist, M.D.**, surgery, Fargo; **Thomas Hutchens, M.D.**, obstetrics and gynecology, Bismarck; **Ronald Burd, M.D.**, neuroscience, Fargo; **Keith Lesteberg, M.D.**, obstetrics and gynecology, Fargo, and Grand Forks' Altru Health System's general surgeons, as a group. **Leslie Sullivan, M.D.**, clinical assistant professor

of surgery, Grand Forks, accepted the award for the surgeons.

A commencement awards brunch was also held May 4 on the UND campus. This year, the first award to an academically outstanding medical student was given from the Dr. Frank E. Stinchfield Endowment of the UND Foundation. A native of Warren, MN, Dr. Stinchfield earned a bachelor of science in medicine degree at the UND medical school in 1932 and went on to a distinguished career in orthopedic surgery in New York.

Beginning this summer, members of the M.D. Class of 2002 will go on to pursue residency training in the medical specialty of their choice. Following are the graduates, their hometowns, alma maters, and intended residency programs and locations:

**Andrew L. Aswegan**

Bloomington, Minnesota  
Luther College, B.A.  
Emergency Medicine Residency  
Christiana Care Health Systems  
Newark, Delaware

**Karilyn K. Avery**

Velva, North Dakota  
University of North Dakota, B.S.  
Pediatrics Residency  
University of Iowa Hospitals and Clinics  
Iowa City, Iowa

**Rose B. Nelson Brandt**

Milnor, North Dakota  
Concordia College, B.A.  
Family Medicine Residency  
University of North Dakota School of  
Medicine and Health Sciences  
Grand Forks, North Dakota

**Dana M. Carlson**

Fargo, North Dakota  
University of Minnesota Minneapolis/St.  
Paul, B.A.  
Pediatrics Residency  
Rush-Presbyterian-St. Luke's Medical  
Center  
Chicago, Illinois



*Fredrick Montz, M.D., K.M. (B.S. Med. '78), of Baltimore, MD, delivers the keynote address.*

**Young Mee Choi**

Bismarck, North Dakota  
University of Chicago, B.A.  
Psychiatry Residency  
VA Greater Los Angeles Health System  
UCLA/San Fernando Valley Program  
Sepulveda, California

**Jon E. Dornacker**

Mayville, North Dakota  
Mayville State University, B.S.  
University of North Dakota, J.D.  
Internal Medicine Residency  
University of North Dakota School of  
Medicine and Health Sciences  
Fargo, North Dakota

**Dana L. Dwyer**

Bismarck, North Dakota  
Concordia College, B.A.  
Obstetrics and Gynecology Residency  
Grand Rapids Medical Education  
Grand Rapids, Michigan

**Tanya D. Fischer**

Rhame, North Dakota  
North Dakota State University, B.S.  
Pediatrics Residency  
University of Wisconsin Hospitals and  
Clinics  
Madison, Wisconsin

**Stephanie L. Hansel**

Langdon, North Dakota  
Jamestown College, B.A.  
North Dakota State University, M.S.  
Internal Medicine Residency  
University of Nebraska Affiliated Hospitals  
Omaha, Nebraska

**Robin T. Hape**

Bozeman, Montana  
Montana State University, B.S.  
Surgery Residency  
University of North Dakota School of  
Medicine and Health Sciences  
Grand Forks, North Dakota

**Davin J. Hatlestad**

Harwood, North Dakota  
North Dakota State University, B.S.  
Emergency Medicine Residency  
University of Missouri - Kansas City  
Programs  
Kansas City, Missouri

**Christine A. Heisler**

Devils Lake, North Dakota  
University of North Dakota, B.S.  
Obstetrics and Gynecology Residency  
Grand Rapids Medical Education  
Grand Rapids, Michigan



*UND President Charles Kupchella (left) presents Robin Hape with his diploma during the commencement ceremony.*

## M.D. Class of '02

(continued)

### **Robert D. Heninger**

Kenmare, North Dakota  
North Dakota State University, B.S.  
Family Medicine Residency  
University of North Dakota School of  
Medicine and Health Sciences  
Minot, North Dakota

### **Melissa J. Henke**

Hazen, North Dakota  
Concordia College, B.A.  
Medicine/Psychiatry Residency  
University of Kansas School of Medicine  
Kansas City, Kansas

### **Heidi A. Herold**

Dickinson, North Dakota  
Dickinson State University, B.S.  
University of Mary in Bismarck, B.S.  
Family Medicine Residency  
Mercy Medical Center  
Redding, California

### **Darci J. Hertel**

Grand Forks, North Dakota  
University of North Dakota, B.S.  
Internal Medicine Preliminary Residency  
(one year)  
Radiology Residency (beginning July  
2003)  
Mayo Graduate School of Medicine  
Rochester, Minnesota

### **Regan R. Hill**

Grand Forks, North Dakota  
University of Minnesota-Minneapolis/St.  
Paul, B.S.  
Obstetrics and Gynecology Residency  
Saginaw Cooperative Hospitals  
Saginaw, Michigan

### **Rachel M. Hoffart**

Devils Lake, North Dakota  
University of North Dakota, B.S.  
Internal Medicine Residency  
Gundersen Lutheran Medical Foundation  
La Crosse, Wisconsin



*Robert Heninger (right) receives his diploma from UND President Charles Kupchella. Heninger is the son of Kurt and Beverly Heninger of Kenmare.*

### **Ryan L. Holzwarth**

Buchanan, North Dakota  
North Dakota State University, B.S.  
Transitional Residency (one year)  
University of North Dakota School of  
Medicine and Health Sciences  
Fargo, North Dakota  
Dermatology Residency (beginning July  
2003)  
University of Michigan Hospitals  
Ann Arbor, Michigan

### **Darren L. Huber**

West Fargo, North Dakota  
North Dakota State University, B.S.  
Emergency Medicine Residency  
Hennepin County Medical Center  
Minneapolis, Minnesota

### **Chi B. Huynh**

Brooklyn Park, Minnesota  
University of Minnesota-Minneapolis/  
St. Paul, B.A.  
Pediatrics Residency  
University of Minnesota Medical School  
Minneapolis, Minnesota

### **Ben W. Jagodzinski**

Livingston, Montana  
University of Notre Dame, B.S.  
Obstetrics and Gynecology Residency  
University of Wisconsin Hospitals and  
Clinics  
Madison, Wisconsin

### **Scott A. Lawrence**

Grand Forks, North Dakota  
University of North Dakota, B.S.  
Family Medicine Residency  
University of North Dakota Family  
Practice Center  
Grand Forks, North Dakota

### **Michael E. LeBeau**

New Town, North Dakota  
Minot State University, B.A.  
Internal Medicine Residency  
Gundersen Lutheran Medical Foundation  
La Crosse, Wisconsin

**Meridith A. Loe**

Washburn, North Dakota  
Mary College, B.S.  
Obstetrics and Gynecology Residency  
Grand Rapids Medical Education  
Grand Rapids, Michigan

**Maria J. Loerzel**

Glenburn, North Dakota  
North Dakota State University, B.S.  
Family Medicine Residency  
Quad Cities Genesis Family Practice  
Program  
Davenport, Iowa

**Michael R. Luckenbill**

Devils Lake, North Dakota  
University of North Dakota, B.S.  
Internal Medicine Residency  
Gundersen Lutheran Medical Foundation  
La Crosse, Wisconsin

**Zachary R. Mack**

Hettinger, North Dakota  
University of North Dakota, B.S.  
Transitional Residency (one year)  
University of North Dakota School of  
Medicine and Health Sciences  
Fargo, North Dakota  
Radiology Residency (beginning July  
2003)  
Memorial Health University Medical  
Center  
Savannah, Georgia

**Alicia D. Majkrzak**

West Fargo, North Dakota  
University of North Dakota  
Obstetrics and Gynecology Residency  
University of Minnesota Medical School  
Minneapolis, Minnesota

**Tracie M. Mallberg-Shaffer**

Cogswell, North Dakota  
University of Mary, B.S.  
Family Medicine Residency  
University of North Dakota Family  
Practice Center  
Bismarck, North Dakota

**Antoinette P. Martinez**

Bismarck, North Dakota  
Humboldt State University, B.A.  
Family Medicine/Obstetrics and  
Gynecology Residency  
University of California - Davis Medical  
Center  
Sacramento, California

**Rachel J. Miller**

Fargo, North Dakota  
Concordia College, B.A.  
Obstetrics and Gynecology Residency  
Oregon Health Sciences University  
Portland, Oregon

**Michael L. Moen**

Fargo, North Dakota  
North Dakota State University, B.S.  
Emergency Medicine Residency  
University of Florida Health Sciences  
Center  
Jacksonville, Florida

**Matthew C. Oseto**

Fargo, North Dakota  
North Dakota State University, B.S.  
University of Texas at Austin, M.A.  
Orthopaedic Surgery Residency  
Texas Tech University Affiliated Hospitals  
Lubbock, Texas

**Douglas J. Renton**

Bismarck, North Dakota  
Concordia College, B.A.  
Internal Medicine Residency  
University of Nebraska Affiliated Hospitals  
Omaha, Nebraska

**Nathaniel P. Reuter**

St. Cloud, Minnesota  
University of North Dakota, B.S.  
University of North Dakota, M.S.  
Surgery Residency  
University of North Dakota School of  
Medicine and Health Sciences  
Grand Forks, North Dakota



*Father Raymond Courtright (right) of the UND Newman Center and Rick Montz, M.D., K.M. (B.S. Med. '78), alumnus and keynote speaker, mingle with graduates and their families after the commencement ceremony at the UND Chester Fritz Auditorium.*

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## M.D. Class of '02

(continued)

### **Matthew J. Roller**

Bismarck, North Dakota  
North Dakota State University, B.S.  
Transitional Residency (one year)  
Neurology Residency (beginning July 2003)  
University of Minnesota Medical School  
Minneapolis, Minnesota

### **Rosemarie A. Roy**

Grand Forks, North Dakota  
University of North Dakota, B.S.  
Surgery Residency  
New Hanover Regional Medical Center  
Wilmington, North Carolina

### **Jared K. Rustad**

Williston, North Dakota  
Concordia College, B.A.  
Transitional Residency (one year)  
University of North Dakota School of  
Medicine and Health Sciences  
Fargo, North Dakota  
Neurology Residency (beginning July 2003)  
University of Michigan School of  
Medicine  
Ann Arbor, Michigan

### **Sheryl M. Sahr**

Horace, North Dakota  
University of Minnesota-Minneapolis/St.  
Paul, B.S.  
Surgery Residency  
Temple University School of Medicine  
Philadelphia, Pennsylvania

### **Talitha M. Sannes-Venhuizen**

Frazee, Minnesota  
University of Minnesota-Morris, B.A.  
Family Medicine Residency  
St. Cloud Hospital/Mayo  
St. Cloud, Minnesota

### **Todd W. Schaffer**

Carrington, North Dakota  
North Dakota State University, B.S.  
Family Medicine Residency  
University of North Dakota Family  
Practice Center  
Grand Forks, North Dakota

### **Sherry L. Stein**

Mandan, North Dakota  
University of North Dakota, B.S.  
Family Medicine Residency  
University of North Dakota Family  
Practice Center  
Bismarck, North Dakota

### **Jennifer A. Strong**

Grand Forks, North Dakota  
University of North Dakota, B.S.  
Family Medicine Residency  
University of Illinois Methodist Medical  
Center  
Peoria, Illinois



*Tanya Fischer, daughter of Lawrence and Loreen Fischer of Rhame, and Ben Jagodzinski, son of Gary and Judy Jagodzinski of Livingston, MT, pose for photos after the ceremony.*



*Darren Huber, son of Al and Karen Huber of West Fargo, beams as he leaves the Fritz Auditorium, diploma in hand.*

***Eric C. Swensen***

Buckeye, Arizona  
 Grand Canyon University, B.S.  
 Psychiatry Residency  
 University of North Dakota School of  
 Medicine and Health Sciences  
 Fargo, North Dakota

***Basir U. Tareen***

Cavalier, North Dakota  
 Concordia College, B.A.  
 Urology Residency  
 Northeastern Ohio University College of  
 Medicine Program  
 Akron, Ohio

***Chad G. Thiel***

Rugby, North Dakota  
 University of North Dakota, B.S.  
 Family Medicine Residency  
 University of North Dakota Family  
 Practice Center  
 Bismarck, North Dakota

***Matthew G. Thorson***

West Fargo, North Dakota  
 University of North Dakota, B.S.  
 Transitional Residency (one year)  
 University of North Dakota School of  
 Medicine and Health Sciences  
 Fargo, North Dakota  
 Anesthesiology Residency (beginning July  
 2003)  
 University of Nebraska Affiliated Hospitals  
 Omaha, Nebraska

***Tisha M. Titus***

Oakes, North Dakota  
 North Dakota State University, B.S.  
 Psychiatry Residency  
 Mayo Graduate School of Medicine  
 Rochester, Minnesota

***Chad M. Vandrovec***

Fargo, North Dakota  
 North Dakota State University, B.A.  
 Transitional Residency (one year)  
 University of North Dakota School of  
 Medicine and Health Sciences  
 Fargo, North Dakota  
 Anesthesiology Residency (beginning July  
 2003)  
 Medical College of Wisconsin Affiliated  
 Hospitals  
 Milwaukee, Wisconsin

***Matthew L. Voth***

Bismarck, North Dakota  
 University of North Dakota, B.S.  
 Surgery Residency  
 Western Pennsylvania Hospital  
 Pittsburgh, Pennsylvania

***KayeLyn J. Wagner***

Middle River, Minnesota  
 Concordia College, B.A.  
 Pediatrics Residency  
 University of Iowa Hospital and Clinics  
 Iowa City, Iowa

***Kenneth L. Watts***

Little Axe, Oklahoma  
 Southwestern Oklahoma State University,  
 B.S.  
 Surgery Residency  
 Baylor College of Medicine  
 Houston, Texas

**Tribal Member Makes History  
 As Second Woman to Earn  
 Doctor of Medicine Degree**

**Antoinette Martinez**, a member of the M.D. Class of '02, became the second woman of a California Indian tribe to earn the doctor of medicine (M.D.) degree, according to Jerome Simone, chief executive officer of United Indian Health Services of Arcata, CA.

Martinez, a member of the Chum ash Tribe, was enrolled at the UND medical school through the Indians Into Medicine (INMED) program.

"We are very proud of her achievement," said Simone who attended the graduation ceremony.

## Background:

Fredrick ("Rick") Montz, M.D., K.M. (B.S. Med. '78), formerly of Bismarck, is professor of gynecology and obstetrics at Johns Hospital University School of Medicine and director of the Kelly Gynecologic Oncology Service of the Department of Gynecology and Obstetrics at The Johns Hopkins Hospital and Medical Institutions in Baltimore, MD.

He is listed in the 2001 edition of *America's Top Doctors: The Nation's Leading Specialists*, published by Castle Connolly Medical Ltd. (The list is based, in part, on opinions solicited from physicians, nurses and other health care professionals.)

A 1973 graduate of Bismarck High School, he earned an undergraduate degree in biology, summa cum laude, at Concordia College in Moorhead, MN. He enrolled at the UND School of Medicine where he received numerous awards.

He went on to earn the doctor of medicine (M.D.) degree from Baylor College of Medicine in Houston where he was elected to Alpha Omega Alpha honor medical society.

From 1980 to 1984, he took internship and residency training at the Los Angeles County-University of Southern California (USC) Medical Center in Los Angeles, CA. In 1984-85, he pursued fellowship training at St. George's Hospital and Medical School in London and later with the Division of Gynecologic Oncology at the LA County-USC Medical Center.

He has served on the faculties of the University of Southern California and the University of California-Los Angeles medical schools. In 1997 he was appointed as professor of gynecology and obstetrics at Johns Hopkins University School of Medicine.

The son of Dr. Charles and Florence Montz of Bismarck, he and his wife, Kathleen Ryan, M.D., have three sons and a daughter.

## Montz Illustrates 'Four Truths' in Keynote Address to M.D. Graduates of 2002



*F.J. Montz, M.D., K.M. (B.S. Med. '78), of Baltimore, MD, emphasizes a point during his keynote speech to the M.D. Class of 2002.*

*From Dr. Montz's keynote address, titled: "... for those we serve"*

(S)ince being honored with the invitation to give this address 10 months ago, I have been driven to come up with something that will, at least subliminally, stay with you. This quest for relevance lead me to reflect backwards over the last two decades and ask myself:

What now apparently self-evident, though then-hidden truths do I wish that someone would have shared with me when I was graduating from medical school? Stated differently, and maybe more clearly, what do I wish that someone had given me to hang on to?

In my reflections, I identified four paired realities or 'truths' about being a doctor in our era that I wish would have been instantly and infinitely seared into the deepest yet frequently accessed realms of

my own consciousness. These Four Truths are what I want to share with you, and they are:

- 1. You volunteered for this career and the life that goes with it.**
- 2. This is what you volunteered for.**
- 3. There is a remarkably powerful force that threatens your doing what you volunteered for, and**
- 4. There are potent ways that you can resist this force so that you stay true to your mission and fulfill your moral obligations.**

*Truth #1: You volunteered for this duty:*

Case Report: Labor and Delivery, LAC-USC Women's Hospital, first week of October, 1980, about 3:15 a.m.

I trained at the Los Angeles County-University of Southern California Medical Center in the "boom" days of the early 1980s. At that time the house staff and midwives were delivering between 18,000 and 20,000 babies each year... As interns, we were on call every third night and would personally deliver 5 to 10 babies in a 24-hour period. You can imagine that after a couple of months of q 3 night call that the whole thing started to become a bit much.

I distinctly remember on one early morning, only a third of the way through my internship, having been at it for almost 20 hours, exhausted, reeking of my own sweat and patients' body fluids, just wanting to stop... The next pregnant woman who came through the double doors of 5L, as Labor and Delivery was called, was just another burden, another insult on my person and she was anything but a fellow human being in need of my care.

Fortunately, there was a mature senior resident named Bob Wallace who, with the wisdom obtained from three years on 5L, always seemed to remember why we were there and was able to keep matters in perspective.

When it got really bad and the interns

*(continued on page 17)*

## Cal Fercho Receives Honorary Doctor of Letters Degree

**Cal Fercho, M.D. (B.S. Med. '50)**, former surgical faculty member, Fargo, received the honorary doctor of letters degree May 4 during commencement ceremonies for the M.D. Class of '02 at the Chester Fritz Auditorium.

He was hooded and presented the degree by **UND President Charles Kupchella** and **UND Vice President for Health Affairs H. David Wilson, M.D.**, who also serves as dean of the School of Medicine and Health Sciences.

Fercho gained a national reputation for his expertise in ophthalmological

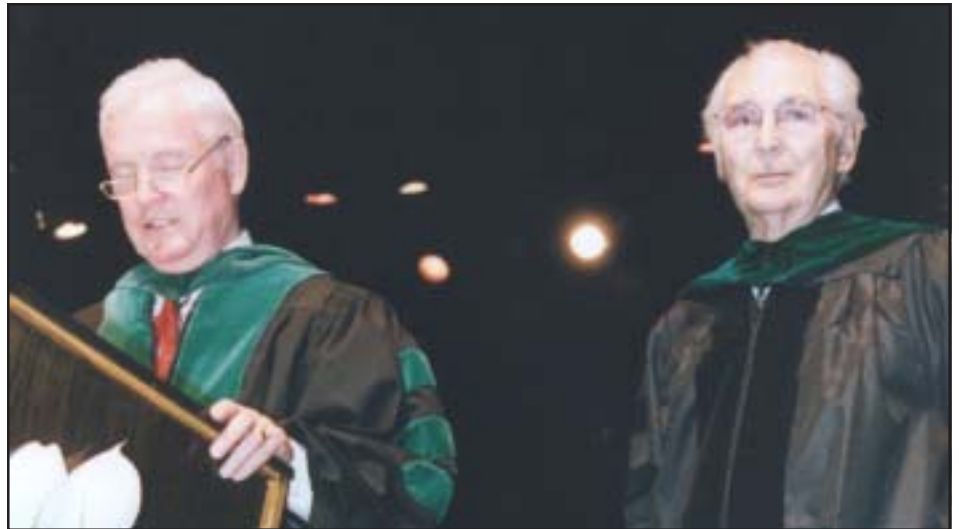
## Faculty Members Receive West Memorial Award

The Reverend Elmer and Min West Memorial Faculty Award was presented May 4 to two teachers at the UND School of Medicine and Health Sciences during a commencement awards brunch for the Doctor of Medicine (M.D.) Class of '02.

**Roger Melvold, Ph.D.**, chairman and professor of microbiology and immunology, Grand Forks, and **Tom Cariveau, M.D. (B.S. Med. '81)**, associate professor of family medicine, Grand Forks, received the award which is given to outstanding faculty members. Cariveau is director of the first-year course, Introduction to Patient Care.



*Roger Melvold, Ph.D., professor and chairman of microbiology and immunology, Grand Forks*



*Cal Fercho, M.D. (B.S. Med. '50), Fargo (right), listens as Dean H. David Wilson, M.D., reads the citation before conferring the honorary doctor of letters degree.*

surgery. He is known widely for introducing a major advance in cataract implant surgery, the continuous circular capsulotomy and was the first Fargo physician to use an enzyme to remove cataracts, perform an intraocular lens implantation, a phacoemulsification small-incision cataract surgery, and a no-suture

incision.

Over the course of his remarkable, 36-year career he performed more than 14,000 cataract surgeries and implants. His patients remember him as not only a highly skilled surgeon but as a genuinely caring and personable gentleman.

## Faculty, Residents and Alumni Inducted into AOA

Faculty members, residents and alumni of the UND School of Medicine and Health Sciences were recognized as new members of the Alpha Omega Alpha (AOA) honor medical society during the commencement awards brunch May 4 for the M.D. Class of 2002.

Election to membership in AOA is based on excellence in scholarship as well as integrity and leadership. The only national honor medical society in the world, the AOA promotes scholarship and research in medical schools, encourages a high standard of character and conduct in medical students and graduates, and recognizes high achievement in medical sciences, practice and related fields.

**Receiving AOA faculty recognition:** **Mark Jensen, M.D.**, vice chairman and

associate professor of surgery, Fargo, and **Abel Tello, M.D.**, vice chairman and clinical professor of internal medicine, Bismarck;

**Volunteer clinical faculty elected to AOA:** **Michael Traynor, M.D. '86**, clinical associate professor of surgery, Fargo;

**Alumni** who were inducted into AOA: **Larry Halvorson, M.D. '76**, associate professor of family medicine, Grand Forks, and **Myra Quanrud, M.D. '90**, clinical assistant professor of pediatrics, Jamestown;

**Residents-in-training** recognized: all third-year residents in the Department of Internal Medicine in Fargo - **Sandeep Laroia, M.D.**; **Brian Hebert, M.D. '99**, and **Vijay Koka, M.D.**



Nine members of the M.D. Class of '02 were recognized as members of the Alpha Omega Alpha (AOA) honor medical society during commencement awards brunch May 4 in Grand Forks. They are (from left): **Rosemarie Roy**, **Todd Schaffer**, **Sheryl Sahr**, **Jared Rustad**, **Rachel Miller**, **Darren Huber**, **Ryan Holzwarth**, **Andrew Aswegan**, **William Newman, M.D. (B.S. Med. '72)**, professor and vice chairman of internal medicine, Fargo, and **Robin Hape**.

## Seniors Inducted into AOA Honor Medical Society

Seven members of the M.D. Class of 2002 have been selected to membership in the Alpha Omega Alpha (AOA) scholastic honor society in medicine.

The only national honor medical society in the world, the AOA promotes scholarship and research in medical schools, encourages a high standard of character and conduct in medical students and graduates, and recognizes high attainment in medical science, practice and related fields.

The new AOA members, announced at the commencement awards brunch May 4, are:

**Robin Hape**, son of Atwood and Donna Hape of Bozeman, MT; **Ryan Holzwarth**,

Ronald and Colleen Holzwarth of Buchanan; **Darren Huber**, son of Al and Karen Huber of West Fargo; **Rachel Miller**, Ron and Sue Miller of Fargo; **Jared Rustad**, Gerald and Dawn Rustad of Williston; **Sheryl Sahr**, daughter of Russell and Marlene Sahr of Horace, and **Todd Schaffer**, son of Sharon Hesch of Carrington and Marvin Schaffer of Jamestown.

**Andrew Aswegan**, son of Gerald Aswegan of Bloomington, MN, and Kathy King of St. Augustine, FL, and **Rosemarie Roy**, daughter of Bruce and Catherine Roy of East Ryegate, VT, were inducted into AOA last year, during their junior year of medical school.



**Todd Schaffer**, son of Sharon Hesch of Carrington and Marvin Schaffer of Jamestown, receives his hood.

## Graduates Receive Awards for Outstanding Scholarship and Service

Senior medical students, members of the M.D. Class of 2002, received awards from the University of North Dakota (UND) School of Medicine and Health Sciences during an awards brunch May 4 in Grand Forks.

**Dean H. David Wilson, M.D.**, presided over the program during which the following awards were presented:  
**North Dakota Medical Association Awards**  
 Presented to three outstanding students in each class **Zachary Mack**, **Rachel Miller**, **Todd Schaffer**

### *North Dakota District Medical Society Awards*

Given by the district medical society in each campus to the student who best exemplifies high scholarship and characteristics of integrity, leadership and initiative

First District (Fargo) - **Darren Huber**, **Jared Rustad**

Third District (Grand Forks) - **Stephanie Hansel**

Fourth District (Minot) - **Maria Loerzel**

Sixth District (Bismarck) - **Tracie Mallberg-Shaffer**

### *University Alumni Special Awards*

For special service to the School of Medicine and Health Sciences

**Robin Hape**, **Darren Huber**, **Matthew Oseto**

### *Merck Award*

Awarded to outstanding seniors

**Darci Hertel**, **Rosemarie Roy**

*Society for Academic Emergency Medicine*

Awarded to a senior medical student who has demonstrated excellence in the specialty of emergency medicine

**Michael Moen**

(continued, next page)

## Physician-faculty Members Selected as Outstanding Teachers

Four physician-faculty members of the UND School of Medicine and Health Sciences have been selected to receive the Outstanding Teacher of the Year Award by members of the M.D. Class of 2002.

The award-winners were recognized during the commencement awards brunch May 4 at the UND Memorial Union.

Award recipients are:

**Peter White, M.D.**, clinical associate professor of internal medicine, for the Southwest Campus, based in Bismarck;

**Anil Potti, M.D.**, assistant professor of internal medicine, for the Southeast Campus, based in Fargo;

**Alexander Levitov, M.D.**, clinical associate professor of internal medicine,



*White*



*Potti*



*Levitov*



*Verhey*

for the Northeast Campus, based in Grand Forks, and

**Jeffrey Verhey, M.D.**, clinical assistant professor of internal medicine, for the Northwest Campus, based in Minot.

The senior medical class is divided among the four campuses where students pursue study in elective rotations with practicing physicians who serve as faculty members for the UND medical school.

## Graduates Receive Awards

*(continued)*

### *The Endocrine Society Award*

In recognition of special achievement and interest in endocrinology

#### **Michael LeBeau**

### *Dr. H.E. French Memorial Award*

Given by the Campus Medical Group in memory of Dr. H.E. French, dean of the School of Medicine from 1911 to 1947; for a senior who in addition to scholastic excellence has manifested originality, interest, initiative and persistence, and has shown improvement and growth

#### **Basir Tareen**

### *Department of Family Medicine/*

### *Community Medicine Research Awards:*

### *The Altru Health System Family Practice Study Award*

Awarded by Altru Health System of Grand Forks for a study of a specific disease

#### **Robin Hape**

### *North Dakota Academy of Family*

### *Physicians Research Award*

Awarded to a medical student who is entering a family medicine residency and who has demonstrated potential in the area of research

#### **Douglas Renton, Chad Thiel**

*(continued, next page)*

## Wilsnacks Receive First Wilson Award in Neuroscience

**Sharon Wilsnack, Ph.D.**, and

**Richard Wilsnack, Ph.D.**,

professors of neuroscience, Grand Forks, are the first recipients of the H. David Wilson Academic Award in Neuroscience, presented during the commencement ceremony for the M.D. Class of 2002 May 4 in Grand Forks.

The award was created and endowed this past year by **Manuchair Ebadi, Ph.D.**,

associate dean for research and program development and director of the Center of Excellence in Neuroscience at the UND School of Medicine and Health Sciences and associate vice president for health affairs at UND, Grand Forks. It was established within the UND Foundation to honor **Dean H. David Wilson, M.D.**, of the UND School of Medicine and Health Sciences, for his efforts to bring excellence in education,

research and service to North Dakota and beyond.

The Wilsnacks' 20-year research on problem drinking in women is recognized internationally. Funded by the National Institute of Alcohol Abuse and Alcoholism of the National Institutes of Health, their study is the longest and most comprehensive of its kind in the world.



*Drs. Richard and Sharon Wilsnack*

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## Volunteer Faculty Receive Dean's Special Recognition Award

Several physician-faculty members were honored during the Doctor of Medicine (M.D.) Class of 2002 commencement ceremony May 4 for their contributions to the education of medical students at the UND School of Medicine and Health Sciences.

Selected to receive the Dean's Special Recognition Award for Outstanding Volunteer Faculty and invited to participate in the ceremony are: **Bipin Amin, M.D.**, clinical professor of internal medicine, Bismarck; **William Zaks, M.D.**, clinical assistant professor of internal medicine, Grand Forks; **Rodrigo Rios, M.D.**, clinical associate professor of pediatrics, Fargo; **Madeline Free, M.D.**, clinical assistant professor of neuroscience, Bismarck; **Roger Allen, M.D.**, clinical associate professor of pediatrics, Minot; **Kurt Lindquist, M.D.**, clinical associate professor of surgery, Fargo; **Thomas Hutchens, M.D.**, clinical assistant professor of obstetrics and gynecology, Bismarck; **Ronald Burd, M.D.**, clinical associate professor of neuroscience, Fargo; **Keith Lesteborg, M.D.**, clinical assistant professor of obstetrics and gynecology, Fargo, and **Altru Health System General Surgeons**, Grand Forks. **Leslie Sullivan, M.D.**, clinical assistant professor of surgery, Grand Forks, accepted the award on behalf of the surgeons.



*Volunteer faculty-physicians who received the Dean's Special Recognition Award are (from left): Leslie Sullivan, M.D., Grand Forks, accepting for Altru surgeons; Kurt Lindquist, M.D., Fargo; William Zaks, M.D., Grand Forks; Roger Allen, M.D., Minot; Madeline Free, M.D., Bismarck, and Rodrigo Rios, M.D., Fargo.*

They were honored for the extraordinary commitment they have brought to teaching UND medical students, according to **Dean H. David Wilson, M.D.**, who presented each with the award on stage during the commencement ceremony.

For more than 25 years, medical students from the UND School of Medicine and Health Sciences have received training from practicing physicians in

community hospitals and clinics throughout the state.

"We are deeply indebted to our physician-faculty members who help prepare the next generation of doctors," said Wilson. "Without their interest in and enthusiasm for teaching we could not offer a medical education program in North Dakota."

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### Graduates' Awards

(continued)

#### *MeritCare Health Systems' Department of Family Medicine Research Award*

Awarded to a medical student for an outstanding research project

#### **Stephanie Hansel, KayeLyn Wagner** *West River Regional Medical Center Award*

Awarded by the West River Regional Medical Center in Hettinger to a senior medical student for an outstanding research project related to research of a primary health care problem in a rural area  
**Matthew Roller**

#### *Drs. O. W. and C. G. Johnson Award*

Awarded by the Johnson Clinic of Rugby to a native North Dakotan demonstrating outstanding research in rural family medicine

#### **Matthew Oseto, Chad Vandrovec**

#### *Dr. Charles H. Fee Memorial Endowment Award*

Established in memory of Dr. Charles H. Fee for his many personal and professional accomplishments; awarded to a junior or senior medical student who has strength of character, attitude, desire and academic achievement and a high potential for success in family medicine

#### **Scott Lawrence**

#### *Dr. John Wahl Memorial Rural Health Scholarship Endowment*

Given by parents and family members in memory of Dr. John Wahl to a senior medical student who has demonstrated an interest in practicing rural medicine in North Dakota and has shown a capacity for compassionate and dedicated family practice

#### **Rose Nelson Brandt**

#### *Kokila and Raman Patel, M.D., Family Practice Award*

Given by the Tioga (N.D.) Medical Center to a senior who has been accepted into a family medicine residency in North Dakota and who has shown a strong interest in rural health

#### **Robert Heninger**

(continued, next page)

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## Graduates' Awards (continued)

### *Dr. John Graham Memorial Medical Scholarship Endowment Award*

Awarded to a senior who possesses the personality and drive to become a competent and caring physician

**Todd Schaffer**

### *Axel and Agnes Kongsli Memorial Scholarship Endowment Award*

Awarded to two senior students who have shown excellence in the field of medical research

**Matthew Roller, Sheryl Sahr**

### *LeBien-Poindexter Outstanding Pediatric Student Award*

Given by the MeritCare Department of Pediatrics to the student who best exemplifies the qualities of a general pediatrician in the tradition of Drs. LeBien and Poindexter

**Chi Huynk**

### *Department of Pediatrics Award - Southwest Campus*

Awarded to the outstanding student in pediatrics on the Southwest Campus

**Tanya Fischer**

### *Laura Ehmann Memorial Pediatric Scholarship Award*

Given by Darcy and Mary Ehmann as a living memorial to their daughter, Laura Marie, and a tribute to an extraordinary child whose life was short; awarded to a senior student who is entering a pediatric residency and ultimately a career in pediatric medicine

**Karilyn Avery**

### *Robert C. Painter, M.D., Internal Medicine Award*

Awarded to a senior medical student who exhibits scholastic achievement and the attributes of conscientious concern for the patient, exceptional communication skills and a caring, humanistic personality as exemplified by Dr. Painter throughout his 40-year career

**Rachel Hansen**

### *Lloyd S. Ralston, M.D., Memorial Endowment Award*

Given by Mrs. Lloyd (Ruth) Ralston in memory and honor of her husband to a senior medical student(s) or resident(s) who best displays Dr. Ralston's dedication to excellence, respect for the intrinsic dignity of each patient and the ability to apply basic science thoughtfully and critically to clinical practice

**Michael Luckenbill**

### *Dr. Louis B. and Thelma K. Silverman Medical Award*

Given by the late Thelma K. Silverman in loving memory of her husband and in recognition of his many professional contributions to the community; given to a graduating senior who shows an interest in becoming a pediatrician and who has the qualities of compassion, dedication, integrity, leadership and interest in community service as exemplified by Dr. Silverman

**Dana Carlson**

### *Altru Clinic Senior Medical Student Fund Award*

Awarded to a student (or students) displaying excellent scholarship, character, leadership and integrity; in recognition of physicians who have worked for the Altru Clinic (formerly Grand Forks Clinic)

**Ryan Holzwarth, Rachel Miller**

### *American College of Physicians-American Society of Internal Medicine/Department of Internal Medicine Senior Award*

Given for outstanding humanistic qualities and scholastic excellence to a senior student who has chosen internal medicine as a career

**Melissa Henke, Michael LeBeau**

### *Department of Obstetrics and Gynecology Senior Award*

Given to a senior student who has shown scholastic excellence and exceptional clinical potential and has selected a career in obstetrics and gynecology

**Ben Jagodzinski, Alicia Majkrzak**

(continued, next page)



*Rachel Miller with her father and mentor, Ron Miller, M.D., clinical assistant professor pediatrics, Fargo*

## Graduates' Awards

(continued)

### *Department of Surgery Senior Award*

Awarded to a senior student who has demonstrated excellent capabilities in the specialty of surgery

#### **Zachary Mack**

### *The Dr. Frank E. Stinchfield Award*

From the Margaret and Frank Stinchfield Foundation, an annual award given to an academically outstanding student and presented for the first time this year

#### **Kenneth Watts**

### *Richard P. Stadter Excellence in Psychiatry Award*

Awarded in Dr. Stadter's memory to recognize a senior medical student who best exemplifies "excellence" in the areas of psychiatric knowledge base, psychosocial skills, enthusiasm and curiosity in working with psychiatric issues, and the ability to interact with sensitivity and perception; the Department of Neuroscience wishes to affirm such excellence regardless of specialty choice

#### **Andrew Aswegan**

### *American Academy of Neurology Medical Student Prize for Excellence in Neurology Award*

The American Academy of Neurology's Undergraduate Education Subcommittee is committed to promoting neurology as a specialty and as a potential career among undergraduate medical students; this award is based on excellence in clinical neurology and outstanding scientific achievement and clinical acumen in neurology or neuroscience, and outstanding personal qualities of integrity, compassion, and leadership

#### **Matthew Roller**

### *Tiongson Humanities Award*

Presented to a graduating senior medical student in recognition of the student's continuing involvement in and appreciation of the arts and the humanities

#### **Christine Heisler**

### *Janet M. Glasgow Memorial Achievement Citation*

Presented by the American Medical Women's Association to women students who rank in the top ten percent of the class

#### **Rachel Miller, Rosemarie Roy**

## Allen and Aswegan Receive Humanism Award

**Jon Allen, M.D. '84**, associate professor of internal medicine, Grand Forks, and graduating senior, **Andrew Aswegan**, received the Humanism in Medicine Award during the commencement awards brunch for the M.D. Class of '02.



*Aswegan*

The award recognizes a faculty member and medical student for compassion and sensitivity in the delivery of care to patients and their families.

Allen, director of the second-year course, "Introduction to Patient Care," was selected to receive the award by the Student Performance and Recognition Committee, based on a review of nominations.

The UND School of Medicine and Health Sciences was selected to participate in the awards program, funded by The Healthcare Foundation of New Jersey and the Arnold P. Gold Foundation. The foundations provided a \$1000 cash award to present to a faculty member and student



*Jon Allen, M.D., '84, associate professor of internal medicine, Grand Forks*

recipient. This is the fourth time the award has been presented at the UND School of Medicine and Health Sciences.

## First Award Given From Stinchfield Endowment

The Frank E. Stinchfield Award was presented for the first time during the commencement awards brunch for the Doctor of Medicine (M.D.) Class of 2002.

Dr. Stinchfield was born in Warren, MN, in 1910 and is an alumnus of the UND medical school. He went on to earn the M.D. degree at Northwestern University in Chicago and to conduct a distinguished career in orthopedic surgery, primarily in New York City. He died in 1992.

**Kenneth Watts**, the son of Harold and Shirlyn Watts of Newalla, OK, is this year's recipient. He was enrolled at the medical school through the Indians Into Medicine (INMED) program



*Kenneth Watts (left) and Dean H. David Wilson, M.D.*

and is planning to pursue residency training in surgery at Baylor College of Medicine in Houston, TX.

## Keynote Address *(continued from page 10)*

and junior residents started to disintegrate, he would chide us, "Remember, you volunteered for this..." Bob meant two things. Firstly, you **chose** this career and with it the concomitant responsibilities. Secondly, when it gets to be too much for you and you can no longer live up to your commitments, you are completely free to just "de-volunteer" and move on to do something else.

Whenever Bob made that statement, as he frequently did in the middle of the night, there was both motivation and freedom: You chose this, so get to work, care for these ladies and stop whining. But remember, no one is holding you here, and when it gets to a point where it is more pain than pleasure or when you can no longer live up to the commitments you made, quit and do something else.

### *Truth #2: This is what you volunteered for:*

Case Report: March, Bismarck, North Dakota, a Wednesday night at about 8:45 p.m., in the early throes of the Great Blizzard of 1965.

My family moved to Bismarck when I was three months old. Over the ensuing 30-plus years, my dad delivered tens of thousands of babies, one of which is actually a member of this graduating class. These babies came at all times of day and night, on every holiday and family celebration and in the extremes of weather that are the awe-inspiring reality of life in western North Dakota.

However, if I had to chose one instance from that man's life which demonstrates what we volunteered for, it occurred on a cold, dark, Wednesday eve in March of 1965, the night that the great Blizzard of '65 really started to raise havoc in Burleigh County. My mother was out of town caring for her sick father. My dad, sister and I had just returned to our home, three miles north of Bismarck on a dirt county road after Lenten services. Dad got a call that one of his patients was in labor and one her way in from The Slope. Dad told us that he had to go in to the hospital and, if the weather got as bad as the reports on KFYZ claimed, he would not be able to make it back home for who knew how long.

My nine-year-old brain was incredulous: how could you go out into this horrid, dangerous weather, leaving me out here with my 14-year-old sister just because some patient was going to have a baby? What about us? Fortunately, Dad didn't try to explain, realizing we were perfectly safe and well-supplied. He got in the station

wagon and went off to Bismarck Hospital, where he stayed until the following Saturday evening when the snowplows opened up the roads.

What my father demonstrated was the idea of service, even at - at least as was perceived by his nine-year-old son - risk to self and family. What we volunteered to do is take care of, to serve, our fellow human beings in, as the Institute of Medicine stated in their 2001 report on the Quality Chasm in American Health Care, a manner that is safe, effective, patient-directed, timely, efficient, equitable. Nowhere does the IOM say that caring for our fellow human beings has to be easy, convenient, without risk, or personally financially profitable.

What does it mean to "serve"? Firstly, it means to meet your patients where they are. Remember you volunteered, you agreed to be their advocate at the times when humans are the most exposed and vulnerable. Secondly, serving your patients means doing what is best **for them**, not what you think is best for them or necessarily even what the patient wants. This is difficult because of the issues of superimposing your own will and view on the patient. We must avoid paternalism, though to some degree it is inherent in what we do. We must abide by the rules of evidence-based and not anecdotal medicine, staying abreast of the changes in medicine. We must freely refer patients to those who know more about caring for the unique needs of specific problems, even when such referrals are not in the best interest of our corporate pocketbook or our ego.

There are numerous reasons why we became physicians. Hidden in the dark recesses of your own psyche, if you really want to and are brave enough to go searching, you can find yours. However, there is only one truly valid reason: to serve our fellow human beings by preventing and alleviating physical and mental suffering. That's it, pure and simple. We **volunteered** to serve.

*Truth #3: There is a force that threatens your fulfilling the moral obligation that you took on when you volunteered for this duty.*

...How can someone get... far away from the pledge that we all take in the Oath of Hippocrates?... Have we not all been guilty of some infidelity to The Oath? What happens?

Stated simply: It is personal self-interest being placed before the patient's

long-term interest. Some of the numerous specific temptations that lead to this "rearranging" of priorities: financial pressures (performing an inappropriate though paid-for procedure, one that generates revenue), temporary pressures and ego pressures and pride (don't want to confess that someone else may know more than I do or have skills that I lack). I am sure that all of you, even in your relatively short exposure to the U.S. health system can list other temptations, other pressures that interfere with fulfilling the responsibilities that we volunteered for.

**The truth of these temptations can be distilled down to this: anything that puts self-interest before patient interest is wrong and must be actively resisted.**

*Truth #4: There are ways that you can combat the force of self-interest so that you stay true to your obligations and mission.*

How can we constantly remember, have blazing in our consciousness and therefore resist the temptations listed above, what is in the patient's best interest? Though it is an over-simplification, focus on what I will call Kate's "Three C's" of combating these forces: Compassion, Conscience, Courage.

Firstly, always care with **compassion**. Remember where this word comes from: the Latin origin is "cum passion," literally meaning "to suffer with." Put yourself in your patient's place, be with them. What would you want if you were they?

Secondly, have a **conscience**. Remember, and do, what is right for the patient. Do you want to have to publicly confess why you did something (or maybe didn't do something) to or for a patient? Do you want to have to confess to your priest, pastor, rabbi, mullah, soulmate, mother or even yourself in the middle of the night what you did and why?

You have been well-educated and taught, but your learning, like mine, must be constant. If you don't know what is right for the patient, figure it out or find someone who does.

Thirdly, have **courage**. The vast majority of us in this hall were fortunate enough to be raised in a region where courage is necessary for survival. It is part of what we, as daughters and sons of the Upper Great Plains, just "are." It is in our genome and has been crunched into our psyche. The same can be said about the great physicians, whether they are infinitely famous or served anonymous to the written history of medicine: they had the

*(continued, next page)*

## Opportunities

This special feature of THE REVIEW offers information for physicians interested in practice opportunities in North Dakota. This edition **highlights health profession vacancies** with a brief synopsis presented about each opening. For more information about these listings or loan repayment programs, please contact **Mary Amundson, M.A.**, call 701-777-4018 or e-mail at [mamundsn@medicine.nodak.edu](mailto:mamundsn@medicine.nodak.edu)

### ASHLEY

#### Ashley Medical Center

Kathy Hoeft, administrator  
701-288-3433  
[khoeft@primecare.org](mailto:khoeft@primecare.org)  
*Registered nurse, licensed practical nurse, family practice or internal medicine*

### BISMARCK

#### St. Alexius Medical Center

Annette Schilling, physician recruiter  
701-530-7172  
[aschilling@primecare.org](mailto:aschilling@primecare.org)  
*Child and adolescent psychiatry, general psychiatry*

### DICKINSON

#### St. Joseph's Hospital

701-225-7500  
*Psychiatry, orthopedics, otolaryngology, ophthalmology and general surgery*

#### Dickinson Clinic

Rod Mitzel, clinic administrator  
701-225-5183  
[rmitzel@mohs.org](mailto:rmitzel@mohs.org)  
*Internal medicine and general surgery*

### FARGO

#### MeritCare Medical Group

Jill Gilleshammer  
701-234-2316  
[www.meritcare.com](http://www.meritcare.com)  
*Physician assistant - neurosurgery, pediatrician*

### FARGO

(continued)

#### Dakota Clinic

Dick Reis, physician recruiter  
1-800-882-7310  
[dreis@dakcl.com](mailto:dreis@dakcl.com)  
*Interventional cardiologist; dermatologist; ENT; two orthopedic surgeons (specifically general with sports or general with totals or general with hand); interventional radiologist; urologist; rheumatologist*

#### Family Healthcare Center

Sherlyn Dahl, CEO  
701-239-2297  
[sdahl@famhealthcare.org](mailto:sdahl@famhealthcare.org)  
*Family practice with obstetrics*

### GRAND FORKS

#### Altru Health System

Wayne Larson  
701-780-6128  
[wlarson@altru.org](mailto:wlarson@altru.org)  
*Family practice, internal medicine, pediatrician, obstetrics, cardiology, dermatology, emergency room physician, rheumatology, urology*

#### Altru Clinic/Devils Lake

#### Lake Region Clinic, PC

Joel Rotvold, administrator  
701-665-5227  
[jrotvold@lakeregionclinic.com](mailto:jrotvold@lakeregionclinic.com)  
*Family practice, family nurse practitioner, physician assistant*

### JAMESTOWN

#### North Dakota State Hospital

Lyle Grove  
701-253-3015  
[grovel@state.nd.us](mailto:grovel@state.nd.us)  
*Psychiatrist, family practice with obstetrics*

### OAKES

#### Southeast Medical Center

Terri Kelly, manager  
701-742-3267  
[terri@sevotech.org](mailto:terri@sevotech.org)  
*Family practice or internal medicine*

### RUGBY

#### Johnson Clinic, P.C.

Carol Schwann  
701-776-5235  
[cls@stellernet.com](mailto:cls@stellernet.com)  
*Family practice or internal medicine*

### VALLEY CITY

#### Valley City/MeritCare Clinic

Fargo Satellite  
Linda Lane  
800-437-4010  
[LindaLane@MeritCare.com](mailto:LindaLane@MeritCare.com)  
*Internal medicine, general surgeon*

#### Mercy Hospital

Jane Bissel  
701-845-6485  
*Registered nurse*

### WAHPETON

#### Dakota Clinic

Dick Reis, physician recruiter  
1-800-882-7310  
[dreis@dakcl.com](mailto:dreis@dakcl.com)  
*Family practice with obstetrics*

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## Keynote Address

(continued)

courage to do "the right thing." Yet it is difficult to turn down money, ego strokes, uninterrupted sleep, or the opportunity to watch a kid make a winning basket, and even harder to disappoint family and be physically away from those you are closest to. **It takes courage.**

You have the courage to do the "right thing" for your patients, even when it is unpopular, uncomfortable, and apparently

unprofitable. It is not only a product of who you are and where you were raised but also of the career that you have chosen and the fact that you are here. Use it...

And now having come full-circle, never, ever forget, why, in a few short minutes your name will change forever. It does not change so you can obtain fame; it does not change so you can obtain fortune; it changes.... *for those we serve.*

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